



Adapted Swimming Lessons

The adapted swimming program is offered for children ages **3 years of age and up**, both Centre clients and non-clients who require support/adaptations during swimming lessons. This program is taught by a qualified swimming instructor. Lessons are 1:1 or small group 4:2 ratio depending on needs. Goals are established on an individual basis. Swimmers have the opportunity to focus on water orientation, safety, as well as core fundamentals of swimming including strokes and endurance.

Lessons:

Lessons will be held on Tuesdays from 3:30-6:30 pm and Wednesdays from 3:30-6:30pm. **Registrations begins December 7 for this program only!**

CTC Stingray Swim Club



Come swim with friends and hang out in the largest hot tub in Chatham!

Qualified Lifeguard will be on duty.

Wednesdays,

March 24-April 28, 2010

4-5pm

Cost: \$24

Ages 10 and up

CTC Music Club

Do you like to sing? Play Instruments? Have you heard of Boomwhackers? Come hang out with your friends and explore instruments, play WII music and maybe even whack a Boomwhacker!

Wednesdays,

February 3-March 31

(no club during March Break)

Wednesdays 4-5 pm

Cost: \$32

Ages 6-10

Bocce

Bocce is a game of skill and strategy. The object is for one team to get as many of their balls closer to the jackball than the opposing teams closest ball. The players are given points for balls closest to the jackball. Bocce is played in teams of 1-4 people seated in chairs or wheelchairs. Children of all abilities can participate in Bocce with adaptations such as ramps making their Bocce game successful! Come hang with your friends and learn a new sport!

Thursdays: Feb 4- March 25, 2010

4-5pm

St. Andrew's United Church

Ages 10 and up

Cost: \$28



Flamin' Fingers : Gaming Club

Do you enjoy playing video games and board games? Well, now you can come hang out with friends and play the WII, and maybe a little Scene It!

January 4, 11, 18, 25

Mondays: 4-5 pm

Children's Treatment Centre

Cost: \$16

Ages 10 years and up

CTC TIMES-Newspaper Club

Calling all kids who have an interest in writing/photography or would like to learn more. Plans are being made to publish a paper to be circulated at various events at the Treatment Centre. We will also have a visit from a local writer/photographer who will be able to give us tips.

Mondays: Feb 22, March 1, 8, 22, 29, 2010

4-5 pm

Cost: \$20

Ages 10 and up

All clubs/activities will be held at the Children's Treatment Centre unless otherwise noted.

First day to register will be Dec 14, 2009.

Registrations will not be accepted until then. Space is limited in some classes so call early!

Please call 519-354-0520 ext 0 to register.